

LET'S GROW YOUR BUSINESS

We have services tailored to meet the needs of professionals, organizations, and individuals. From in-person, classroom, or virtual meetings, our goal is to provide the most effective means of training at the highest level. Here's what we have to offer.



CONTACT US

<https://crimsonclinicalservices.org>
info.crimsonclinicalservices@gmail.com
(804) 441-0710

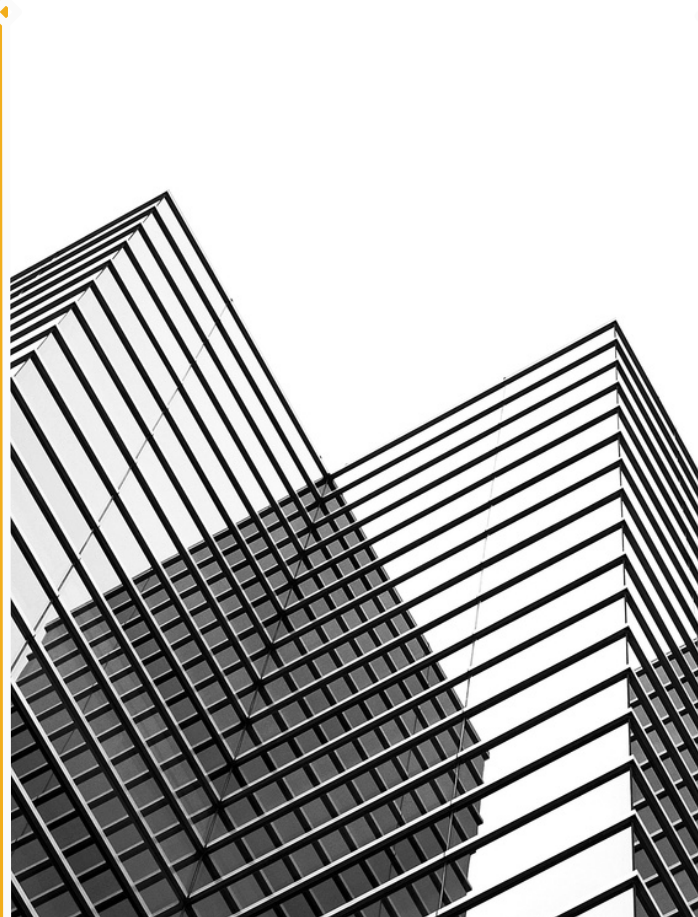
EST 2022

ANGER MANAGEMENT ONE DAY CLASS

SYNOPSIS

Anger can be seen as a secondary emotion that often masks a person's initial emotion. Learning to understand the brain's physiology and how to process triggers are the beginning steps to understanding displaced emotions.

This one day class is designed for first offenders who have been preapproval by the court to complete this course.



COURSE TOPICS

- Overview of Anger Management
- Dynamics of Anger
- The Different Faces of Anger
- Is Anger Good?
- Reduce Anger by Decreasing Stress

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MY ANGER IS
MORE LIKELY
TO DO ME
MORE HARM
THAN YOUR
WRONG.

”

-SENECA

WORKSHOPS

At Crimson Clinical Services, we strive to equip mental health professionals and civil servants with the tools and resources needed to effectively interact with customers and patients ethically and respectfully. Our training curriculum is customized and can be presented virtually or on-site. Contact us for more information; we look forward to serving you!